

Lenten Study: 40 Days Living the Jesus Creed

On Wednesdays during Lent, I am leading a discussion as we read through the book, *40 Days Living the Jesus Creed*. This 40 day guide is based off the book of the same title.

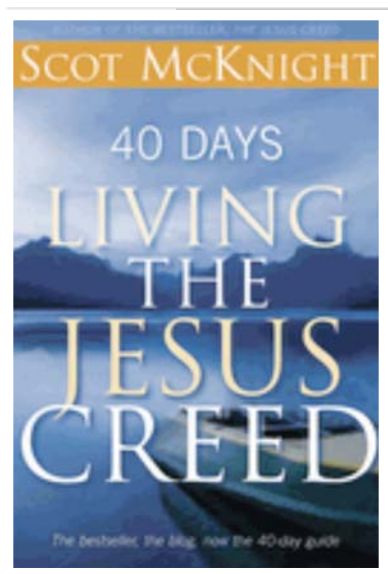
In the introduction of the book, Scott McNight talks about watching the hummingbirds on his back porch. Hummingbirds visit and eat from the feeder multiple times a day. Scott uses that as a modern day parable about the Christian life. Many live as if we are designed to eat like we are lions, as if one big meal (Sunday) is enough to sustain us for the week. Followers of Jesus are more like hummingbirds. We

need a steady diet of spiritual nectar if we are to live the life Jesus asks to live.

The *Jesus Creed* is an expression used for the double commandments Jesus gave to love God and to love others. We learn to love God and love others only if we commit ourselves to an ongoing commitment to live the *Jesus Creed* on a daily basis.

You may sign up for the class in church on Sunday or you may email me at greg.pastor@sfstjohnsumc.org

WHAT ARE YOU LIVING FOR? WHAT HAS GOD CALLED YOU TO BE?



THE JESUS CREED

“HEAR, O ISRAEL: THE LORD IS ONE; YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, AND WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND, AND WITH ALL YOUR STRENGTH.” THE SECOND IS THIS, “YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF.” THERE IS NO GREATER COMMANDMENT THAN THIS.

MARK 12:29-31